

Monitoring hepatitis B

- **If you have hepatitis B, you should get a liver check-up every 6 months.**
- **Liver check-ups are the only way to know if there is damage to your liver.**
- **Regular check-ups mean you can start treatment when you need it.**

If you have hepatitis B, it is important to visit your doctor regularly for liver check-ups. This is called monitoring and it is important because hepatitis B can damage your liver without you knowing.

When you go to your doctor for a liver check-up they will do some tests to see if there is any liver damage and work out if you need to start or change treatment.

It is best to get a liver check-up done every six months.¹

Tests used to monitor the effects of hepatitis B

Viral load test (HBV DNA)

Hepatitis B viral load tests measure how much of the virus is in your blood. This is important because a high viral load means you are more infectious and it is more likely to cause damage to your liver.²

Viral load tests are used to help work out if you need to start or change treatment.

Liver Function Tests

Liver function tests are blood tests that measure the amount of certain chemicals in your blood. Based on how much of these chemicals there are in your blood, your doctor can work out if there could be something wrong.³

Liver function tests are used to decide if you need to start treatment or to figure out how well your current treatment is working.



